

EXPERIENCE
THE KENYAN WAY...



AUSTRIA - KENYA
ITALY - GERMANY - SWITZERLAND

RUNNERS PROFILE

Ronald Ngigi KARUIKI

DATE OF BIRTH: 20.08.1988

Discipline: 5.000m, 10.000m, half marathon
road and track races,

Personal bests:

1.500 m – 3.48

3.000m – 8.02.32

5.000 m - 14.21

10km - 28.40

Results

1st place Marcialonga (ITA) 2019

1st place Crna na Koroskerm (SLO) 2019

2nd place 10 Miles Lake Garda (ITA) 2019

1st place Steinbacher Hügel Run (AUT) 2019

2nd Gernkogel Mountain Run (AUT) 2019

4th Meeting Conegliano 5000m (ITA) 2019

1st Parndorfer Run (AUT) 2019

2nd place Lake Achen Run (AUT) 2018

4th place Jever Fun Run (GER) 2018

5th place 10 Miles Garda (ITA) 2018

1st place Meeting Andorf 3000m (AUT) 2018

1st place Gernkogel Mountain Run (AUT) 2018

4th place City Run Kaiserslautern (GER) 2018

1st place 5,2 K Münsiger Louf (CH) 2017 – **Course record**

1st place Steinbach 3-Hügel Run (AUT) 2016 – **Course record**



Profile

Shoe-sponsor: [On running](#)

Ronaldo is member of the team since 2014 and impressed with great training results in Kenya. 2015 was his first year in Austria and he demonstrated that he was a good choice for our summer team. For 2016 he was preparing well and becomes part of the team in August. Ronaldo is known as extra motivational and always in good mood! We welcome him again in Austria for 2016 and wish him a successful stay!

Represented by

Thomas Krejci

IAAF Authorized Athletes' Representative

tel. +43-650-5331100

email thomas@run2gether.com

website www.run2gether.com

Laufteam run2gether Austria

Zustelladresse

Thomas Krejci, Ungarstraße 3
A-8280 Fürstenfeld, Österreich
ÖLV-Nr. 8110

Bankverbindung

PSK Bank Köflach BLZ 60000
Konto 00510056639
IBAN: AT636000000510056639
BIC: OPSKATWW

