



CHALLENGES

An international encounter in running competitions in Europe is becoming increasingly unlikely in 2020. However, in the "virtual challenges" of run2gether this will be possible again from May onwards. Take part and run in front of your door with running friends from all over Europe and of course with our athletes from Kenya!

Support for our Kenyan athletes

The virtual running series is not only meant to offer every interested runner the possibility to participate virtually in competitions but is also part of our initiatives to support our Kenyan runners. Due to the cancellation of all running competitions and therefore all earning possibilities, we have decided to support all run2gether athletes in Kenya from May onwards with about \in 100.00 per month. This is to ensure basic financing for their livelihood. With your participation in the challenges and your voluntary participation fee (of \in 5.- or more) you help us to finance this support program! Many thanks in advance.

Competition format, dates and distances

On 4 weekends there will be an advertised challenge distance. Everybody has time from Friday 0:00 o'clock until Saturday 23.59 o'clock to run the challenge individually and track the performance via GPS. After each Challenge there will be a separate competition ranking.

o Friday 01.05. & Saturday 02.05.2020	1st run	10 km
o Friday 15.05. & Saturday 16.05.2020	2nd run	5 km
o Friday 29.05. & Saturday 30.05.2020	3rd run	60 minutes
o Friday 12.06. & Saturday 13.06.2020	4th run	10 km

Registration

A registration in advance is not necessary. With the punctual submission of the race results you are automatically part of the starting field of the Challenge.

Results

Every participant is tracking his/her challenge by GPS watch. The proof of the performance is either the GPS recording on Strava, Garmin, Polar, etc. or a photo with the running watch, which shows distance and time. We would also be happy about photos of you before, during or after the run :-)!

Please send your messages by mail or WhatsApp to

Tim-Phillip Koch <u>tim@run2gether.com</u>, +4917624079818 or Martina Walch <u>martina@run2gether.com</u>, +4366488640625

Participation fee

On a voluntary basis, a starting fee of 5€ or more can be made per challenge participation. This is to support our Kenyan athletes as they will not be able to run for prize money in Europe this summer. Participation in the Challenges is also possible without registration fee.

Bank account: Laufteam run2gether Austria

reason of payment: run2gether virtual challenges, run x

Raiffeisenbank Graz-Straßgang IBAN: AT41 3843 9001 0080 6992

BIC: RZSTAT2G439

Evaluation

The top 3 (m/f) Kenyan runners in the daily classification will receive a prize money $(100 \cite{e}/70 \cite{e}/50 \cite{e})$.

Among all European runners the following prizes will be raffled at the end of the series.

1st prize: 1 week free stay in the run2gether-Camp Kiambogo in a superior double room

(excluding flight)

2nd prize: 1 run2gether hoody 3rd prize: 1 run2gether shirt

Note: To be considered for the raffle, a minimum participation in 3 of the 4 challenges is required.

Publication of results

After sending in the results, we try to "dynamically" incorporate the results into the current challenge result list. The list can be viewed at www.run2gether.com

***By submitting the data and thus participating in the Virtual run2gether Challenges, the athlete declares that he/she agrees to the publication of the data on www.run2gether.com and related social media. The data protection declaration, which is available at any time, can also be found at www.run2gether.com ***