

## 5TH AK CROSS COUNTRY WEEKED SERIES

HELD AT ITEN ON 3RD DECEMBER 2022

### RESULTS - 2 KM SENIOR WOMEN

POS	BIB	NAME	REGION/CLUB	DOB	TIME
1	705	BRENDA JEBET	POLICE		06:39.9
2	219	VIRGINIA NYAMBURA	POLICE		06:41.0
3	240	JUDY CHEPKOECH	KERINGET		06:45.0
4	213	PURITY CHEROTICH	POLICE		06:49.0
5	547	GUALYLE KIPROP	TORONGO		06:49.6
6	233	GLADYS CHEPNGETICH	ITEN		06:56.4
7	239	MIRIAM JEROP	KERICHO		06:58.7
8	237	VIVIAN KOSGEI	KDF		07:03.7
9	714	WIFRED MBITHE	POLICE		07:04.5
10	778	JARITAH MAWIA	KDF		07:07.5
11	725	DEBORAH CHERONO	COMPLETE SPORT		07:10.3
12	732	TABITHA NGAU	INDIVIDUAL		07:11.0
13	731	IVEEN CHEPKEMOI	POLICE		07:11.6
14	545	CYNTHIA KENDI	KDF		07:17.3
15	203	ELIZABETH KHATIEVI	TRANSCENT		07:22.3
16	346	MERCY CHEPSUIYO	TORONDO		07:22.6
17	723	LUCY CHEROP	ITEN		07:24.7
18	234	WINNIE JELAGAT	EMC		07:25.5
19	706	CAROLINE JEPKORIR	POLICE		07:28.7
20	220	SHARON NDANU	WRITE MOUNT		07:45.9
21	538	NAUM JEPKURUI	MARSABIT		07:48.2
22	727	EMMILY JEROP	COMPLETE SPORT		07:56
23	730	BRENDA JEPTOO	COMPLETE SPORT		07:56.9
24	724	GLORY MWENDWA	COMPLETE SPORT		08:02.5
25	551	MERCY JEROTICH	EMC		08:12.5
26	716	SYLVIA JEROP	POLICE		08:18.7
27	713	JENNIFFER MUMBI	KAJIADO		08:33.2
28	729	MERCY JERUTO	COMPLETE SPORT		08:46.7
29	726	WINNY CHESANG	COMPLETE SPORT		08:48.6
30	728	JOYCE LIMO	COMPLETE SPORT		09:34.7

## RESULTS - 2 KM SENIOR MEN

POS	BIB	NAME	REGION/CLUB	DOB	TIME
1	537	EMMANUEL WANYONYI	NANDI		05:47.5
2	722	ABEL KIPSANG	POLICE		05:47.8
3	243	DANIEL KOSEN	IKAIKA		05:49.6
4	548	MATTHEW KIPSANG	KDF		05:52.1
5	549	GEOFFREY RONO	TORONGO		05:57.6
6	232	NOAK KIBET	ESMI		05:52.9
7	250	EVANS KURUI	TORONGO		05:57.8
8	207	CONSTANTINE CHERUIYOT	KERINGET		05:58.2
9	720	NABEL KIPLIMO	POLICE		05:58.5
10	210	EMEDY KIPLIMO	ESMI		05:59.1
11	245	VICTOR KIPKURUI	ADDIDAS		06:00.8
12	209	KIMUTAI RONO	BOMET		06:09.8
13	155	KAMAR ETENYANG	ASICS		06:02.0
14	747	LABAN KIPKEMBOI	NANDI		06:02.7
15	181	ROBERT KIPROP	POLICE		06:05.2
16	222	NICHOLAS MUNGE	ASP		06:05.5
17	719	WILBERFORCE KONES	INDIVIDUAL		06:05.9
18	242	AMOS KIPROTICH	NAKURU		06:06.8
19	241	NDIWA CALITUS	POLICE		06:07.7
20	158	WISLEY LANGAT	NAKURU		06:08.3
21	192	GEOFFREY KIRWA	GSU		06:08.6
22	737	ALEX NGEIYWA	ELGON		06:08.9
23	522	AMOS KANDIE	KDF		06:09.5
24	178	HILLARY KORIR	POLICE		06:10.6
25	786	SHADRACK KEMBOI	ITEN		06:11.1
26	177	EVANS KIPCHUMBA	KDF		06:11.5
27	736	TITUS KIRUI	BOMET		06:13.2
28	206	JUSTINE KIPKOECH	EMC		06:13.7
29	012	VINCENT LETTING	NANDI		06:14.2
30	148	DENNIS KIPKOGEI	NGONG		06:14.7
31	238	KIPNGETICH NGENO	PRISONS		06:15.1
32	212	TITUS TANUI	DCI		06:15.5
33	195	ELIAS KIPRUTO	POLICE		06:16.2
34	788	MKULIA RASHID	TANS NZOIA		06:16.9
35	186	LABAN ROTICH	KDF		06:17.4
36	157	GIDEON KIPLIMO	COMPLETE SPORT		06:18.0
37	211	HILLARY KEMBOI	INDIVIDUAL		06:18.5
38	154	JOSHUA KOSGEI	NANDI		06:18.8

39	740	BRIAN KOMEN	ITEM	06:19.4
40		KENNEDY KIPROTICH	NGONG	06:19.7
41	185	EVANS KOSGEI	ITEN	06:20.4
42		SHADRACK KIPTUM	INDIVIDUAL	06:21.5
43	542	LENNY KOTIKASH	KDF	06:22.1
44	190	NATHAN KAPEL	COMPLETE SPORT	06:22.5
45	244	ISAAC RUTO	MARSABIT	6:23.1
46	186	KELVIN KIMUTAI	COMPLETE SPORT	6:23.7
47	169	ABEDINEGO CHESEBE	POLICE	6:24.4
48	198	FRANCKLINE KIMUTAI	ST. FRANCIS KIMJIRON	6:26.3
49	181	FELIX RUTTO	COMPLETE SPORT	6:26.8
50	741	JEREMIAH MUTAI	POLICE	6:27.1
51	248	KENNEDY KIPKEMBOI	POLICE	6:27.7
52	170	ELIAS KIPCHUMBA	NGONG	6:28.9
53	161	COSMAS MALOBA	POLICE	6:30.9
54	214	ABRAHAM KIPLANGAT	POLICE	6:31.8
55	020	AMOS KIPKALYA	GSU	6:32.6
56	205	LABAN LIMO	INDIVIDUAL	6:34.4
57	541	DENNIS KILEE	KDF	6:36.1
58	745	NORBERT KOLOMBUS	POLICE	6:38.6
59	655	ALEX MUTUA	STUDENT	6:39.6
60	193	MATTHEW KIPROP	COMPLETE SPORT	6:40.6
61	783	ROBERT KIBET	KDF	6:41.4
62	721	ISAAC KIRWA	POLICE	6:42.3
63	188	JOEL KIMELI	COMPLETE SPORT	6:44.2
64	163	DIVID MUSTO	POLICE	6:45.1
65	185	ELIAS BITOK	COMPLETE SPORT	6:45.5
66	153	NICHOLAS CHERUIYOT	SCHOLARSHIP	6:46.5
67	718	COSMA KIPLAGAT	POLICE	6:48.2
68	150	COLLINS KIMUTAI	INDIVIDUAL	6:49.9
69	156	EMMANUEL NGANAI	ACSIS	6:51.0
70	172	ROBERT ROTICH	POLICE	6:52.2
71	739	KENNETH BETT	ELDORET	6:53.3
72	152	SALACH EZRA	POLICE	6:54.8
73	165	FLAVIAN KIPKOECH	ELDORET	6:56.0
74	158	NOAH MENJO	KDF	6:56.9
75	784	DIVID BIRGEN		6:57.9
76	247	DENNIS CHERUIYOT	POLICE	7:02.1
77	147	EDWIN KIMUTAI		7:04.2
78	200	PATRICK MARTIM	EMC	7:07.2

79	151	KEVIN KEMBOI	EMC	7:08.6
80	230	VINCE MWANGI	ST. PATRICKS	7:10.0
81	176	CORNELIOUS KIBIWOTT	POLICE	7:12.9
82	199	KEVIN KIPTOO	EMC	7:14.05
83	738	OLESDAI MORGAN	MUR	7:16.0
84	171	DENNIS KIMUTAI	POLICE	7:17.2
85	224	FIONNE OMURCHU	ITEN	7:17.7
86	194	DENNIS OMUSE	POLICE	7:18.0
87	167	KELVIN KOSGEUI	EMC	7:19.4

### RESULTS - 6 Km U20 WOMEN

POS	BIB	NAME	REGION/CLUB	DOB	TIME
1	570	DEBORAH CHEMUTAI	NANDI		21:05.8
2	575	PAMELAH KOSGEI	EMC		21:15.9
3	182	DOROTHY CHEMUTAI	EMC		21:18.5
4	183	MAUREEN CHEPKOECH	EMC		21:18.9
5	567	CHRISTINE NJOKI	ITEN		21:28.3
6	588	FAITH CHEPCHUMBA	KAPSABET		21:35.9
7	184	LUDWINA CHEPNGETICH	NANDI		21:45.9
8	573	VIOLA CHELANGA	2 RUNNING		21:51.4
9	701	YVONNE JEPCHIRCHIR	MFEA		22:03.9
10	585	JANETH CHEPKOECH	ITEN		22:10.6
11	564	MARGARET NGOIRI	CZ		22:30.6
12	700	JOSEPHINE NAUKOTH	TRANSCENT		22:34.0
13	565	JUDITH CHEPKOECH	NANDI		22:35.0
14	569	MAUREEN JEPKEMBOI	2 RUNNING		22:41.3
15	553	DIANA JEPTOO****	KAPSABET		22:51.6
16	353	VIOALA KOSGEI	EMC		23:02.2
17	270	IRENE JAMES	WHITE MOUNTAIN		23:13.2
18	227	DOROTHY JEROP	EMC		23:18.0
19	288	DORCAS CHESIRO	COMPLETE SPORT		23:26.1
20	566	NELVIN CHEPKEMOI	EMC		23:32.0
21	216	FAITH MWENDE	WHITE MOUNTAIN		23:33.5
22	584	DOREEN KWAMBOKA	MAU		23:34.8
23	174	RUTH JEPTOO	COMPLETE SPORT		23:36.4
24	735	NANCY JEPLETING	2 RUNNING		23:52.7
25	580	EUNITTER JEPCHUMBA	EMC		23:58.3
26	571	EMMACULATE JEMUTAI	NANDI		24:02.1
27	218	JOSEPHINE SENTEU	WHITE MOUNTAIN		24:06.1
28					24:09.4
29	568	MARGARET GHATI	NANDI		24:13.4
30	593	GLADYS KEMEI	UG		24:13.6
31	160	LEAH NAFULA	KITALE		24:14.1
32	559	CONNY JEPTOO	EMC		24:17.9
33	201	NIFA KIPKEMOI	TRANS NZOIA		24:22.3
34	703	VARSITY JEPCHIRCHIR	EMC		24:23.7
35	594	ABIGAEL CHEPKEMOI	UG		24:35.9
36	223	CAREN JEPKOGEI	EMC		24:38.2
37	226	CAREN JEPCHIRCHIR	EMC		24:43.3
38	734	MERCY YATOR	CLOUDS		24:45.6

39	162	RUTH KIMELI	EMC	24:50.5
40	283	DORIS KIPSUBEI	EMC	24:52.2
41	352	PHYLIS JEPCHIRCHIR	EMC	24:55.4
42	290	MERCY WANGUI	KAPTAGAT	24:56.3
43	576	FAITH ROTICH	EMC	25:13.9
44	173	CAROLINE CHEPKOGEI	NANDI	25:21.9
45	166	VELMA CHERUTICH	NANDI	25:30.8
46	161	BEATRICE JEMUTAI	UG	25:24.7
47	554	NAOMI JEPLETING	UG	25:36.9
48	284	PHELISHA KOSGEI	COMPLETE	25:37.7
49	581	WINNIE KIMUTAI	UG	25:38.8
50				25:59.8
51	582	SYLVIA JEPKORIR	NANDI	26:00.3
52	583	ANN WANJERA	MAU	26:09.9
53	181	FAITH ARUSEI	EMC	26:10.3
54	704	PERIS LOBEGAN	EMC	26:27.6
55	158	ESTHERRINA IRINO	SSD	26:28.7
56	164	PENINAH NAKING	SSD	26:35.6
57	294	NAOMI CHEMELI	EMC	26:37.5
58	298	FAITH KANGOGO	COMPLETE	26:44.4
59	291	VIVIAN JEBET	EMC	26:52.1
60	578	RUTH CHEBII	EMC	26:53.7
61	702	IVY KIMAI	NANDI	27:22.5
62	221	GLAUDIA JEPLETING	NANDI	27:42.6
63	175	MERYLINE CHEPKOESGEI	EMC	27:52.9
64	792	JOAN CHEPCHIRCHIR	EMC	28:35.3
65	154	VIVIAN KIPROTICH	EMC	30:20.5

## RESULTS - 8 Km U20 MEN

POS	BIB	NAME	REGION/CLUB	DOB	TIME
1	273	GILBERT KIPROTICH	EMC		24:52.0
2	105	GIDEON KIPROTICH	EMC		24:54.1
3	688	DANIEL KIMAIYO	KAPSABET		24:55.4
4	660	EMMANUEL WAFULA	BUNGOMA		25:00.4
5	131	MATTHEW KIPKOSGEI	EMC		25:10.7
6	628	COLLINS KIBET	LITEIN		25:12.9
7	101	VICTOR KIMUTAI	EMC		25:16.6
8	079	YONAH BELIO	BUNGOMA		25:23.4
9	139	RAPHAEL KOLIAN	UG		25:23.8
10	616	RAPHAEL LONGISA	EMC		25:26.0
11	604	JOHANNA EROT	EMC		25:28.5
12	140	ZACHARIAH KROP	WEST POKOT		25:29.0
13	662	SIMION MAIYWA	WEST POKOT		25:39.5
14	145	AMOS KIPKURUI	EMC		25:42.9
15	085	TIMOTHY KIPRONO	EMC		25:45.3
16	664	GIDEON KIPLIMO	EMC		25:45.6
17	689	ANDREW AKORI	KAPSABET		25:52.1
18	631	ROBERT KEMBOI	EMC		25:51.0
19	287	ANTHONY KIMUTAI	EMC		25:52.1
20	607	CLINTON KIMUTAI	JENGA TALENT		25:52.7
21	610	BARNABAS KIPLANGAT	T/NZOIA		25:53.4
22	680	DENNIS KIPRUTO	EMC		25:53.9
23	615	STEPHEN NEMAYAN	DARK HORSE		25:54.7
24	695	EDWIN KIMOSONG	EMC		25:56.1
25	110	CLINTON KITUM	EMC		25:56.5
26	653	PHILEMON KIPROTICH	EMC		25:57.0
27	112	WESLEY CHERUIYOT	EMC		25:57.3
28	624	TIMOTHY MISOI	EMC		26:00.7
29	672	MOSES TANUI	NKR		26:01.4
30	264	ANDREW KIPTOO	KISII		26:03.9
31	009	LABAN KIPKEMBOI	EMC		26:04.8
32	674	VINCENT LANGAT	NKR		26:05.2
33	620	ANTHONY KAKURI	WEST POKOT		26:05.4
34	630	ANTHONY CHIRCHIR	EMC		26:07.4
35	698	TITUS KIPROTICH	EMC		26:15.3
36	086	ABEDNEGO KOSGEI	EMC		26:19.3
37	092	HILLARY KIPLAGAT	EMC		26:22.1
38	661	TIMOTHY KIPTOO	NGONG		26:22.5

39	096	COLLINS KIBIWOTT	NANDI	26:22.9
40	623	DIVIDMWANGI	NYAHURURU	26:23.3
41	606	DENNIS KIPKURUI	EMC	26:27.5
42	525	EZEKIEL KWEMOI	MT. ELGON	26:28.7
43	685	SAMUEL CHEPTOT	EMC	26:29.5
44	097	VICTOR KIPTUM	NANDI	26:33.1
45	083	WILDON KIPKEMOI	EMC	26:36.9
46	524	AARON MATUI	MT. ELGON	26:41.2
47	633	TIMOTHY NZOIKA	WHITE MOUNTAIN	26:44.0
48	107	HILLARY RUTTO	EMC	26:44.5
49	296	KIPLANGAT KEMOI	WEST POKOT	26:45.3
50	125	GIDEON KIPROTICH	EMC	26:45.8
51	128	NOEL KEMBOI	EMC	26:46.2
52	298	KIP KANDIE	EMC	26:46.8
53	257	DENNIS KIPRUTO	ELDORET	26:48.5
54	297	WILLIAM PUMBE	WEST POKOT	26:49.4
55	074	SHADRACK KIPTOO	INDIVIDUAL	26:51.1
56				26:52.4
57	080	DUNCAN KENGERE	TRANS NZOIA	26:53.0
58	611	ROBERT KIGEN	UG	26:55.1
59	63.9	MESHACK KEOCH	EMC	26:55.7
60	144	SILAS KORIR	EMC	26:58.0
61	104	NAHASHON LIMO	EMC	26:59.3
62	637	SAMUEL PKEMOI	TRANS NZOIA	27:02.6
63	969	TIMOTHY KEMBOI	KAPTAGAT	27:03.2
64	827	LABAN KIPYEGO	ELDORET	27:03.7
65	438	ALLAN RUTO	ITEN	27:07.2
66	111	LEON MIDOLU	ITEN	27:09.0
67	263	FANUEL KEOCH	KAPNGOSOR	27:09.4
68	605	PAUL MUTAI	EMC	27:09.9
69	788	RASHID MKULIA	TRANS NZOIA	27:14.7
70	365	BENARD KIPLAGAT	UG	27:15.2
71	650	LABAN KIPTOO	EMC	27:18.0
72	127	ELVIS KIPCHUMBA	UG	27:21.8
73	660	BENSON KIPCHIRCHIR	EMC	27:23.1
74	665	JAMES KURUI	EMC	27:23.3
75	629	BONIFACE CHEMITEI	BARINGO	27:23.4
76	686	TITU KIPROTICH	EMC	27:23.7
77				27:23.9
78				27:24.5



79	119	COSMAS KIMELI	NANDI	27:24.8
80	603	SOLOMON KIPTUM	NANDI	27:25.4
81	270	CORNELIUS KOGO	UG	27:25.7
82	634	ISAIAH RISIE	MACHAKOS	27:26.5
83	666	KELVIN CHERUIYOT	EMC	27:26.9
84	636	FANNY KIPROTICH	BUNGOMA	27:27.5
85	134	ANDREW KIPTOO	NANDI	27:28.2
86	274	HILLARY KIPCHUMBA	EMC	27:29.5
87	129	ABRAHAM KIPCHUMBA	EMC	27:30.5
88	627	AMON KIPCHIRCHIR	UG	27:31.4
89	618	LUKAS KIPROP	EMC	27:32.0
90	095	KELVIN KIMUTAI	NANDI	27:32.4
91	142	CLEMENT KIPTOO	WEST POKOT	27:34.4
92	656	EMMANUEL PENIN	EMC	27:37.0
93	619	SIMION PULOO	WEST POKOT	27:38.0
94	608	IAN KIMWETICH	EMC	27:44.7
95	673	COLLINS KIPCHUMBA	EMC	27:45.4
96	076	FELIX KOECH	UG	27:48.2
97	687	MOSES BOYO	EMC	27:50.1
98	133	ISMAEL KIMELI	BARINGO	27:50.8
99	136	BRIAN KIPLIMO	UG	27:52.2
100	120	DANIEL ROTICH	EMC	27:52.9

**RESULTS - 10 Km SENIOR WOMEN**

POS	BIB	NAME	REGION/CLUB	DOB	TIME
1	260	IRENE CHEPTAI	EMC		34:52.0
2	587	JACKLINE CHEPKOECH	UG		35:19.4
3	760	MILLCENT KEMBOI	ITEN		35:30.9
4	744	DORIS JEROP	EMC		35:35.8
5	249	ZENAH JEPTOO	NANDI		35:53.0
6	771	WINNIE BOINET	KDF		35:54.6
7	595	JUDY KIYENG	KDF		35:58.5
8	246	SHARON JERONO	UG		36:01.1
9	772	GLADYS KWAMBOKA	POLICE		36:13.3
10	709	GLADYS JEPCHUMBA	EMC		36:20.2
11	413	PURITY GITONGA	EMC		36:23.1
12	272	JOSEPHINE CHELAGAT	KERICHO		36:27.3
13	596	FELISHANA JEPKOSGEI	KDF		36:28.9
14	560	VIVIANCHERUIYOT	EMC		36:30.7
15	258	BRENDA TUWEI	EMC		36:42.3
16	291	EMILY CHEBET	KERICHO		36:44.4
17	279	CHEPNGETICH LANGAT	POLICE		36:50.4
18	555	DIANA JESANG	NEWTON		36:52.5
19	598	BEPERINE NENGAMPI	KDF		37:00.8
20	767	ABIGAEAL JELIMO	POLICE		37:11.0
21	797	VIVIAN MELI	EMC		37:11.5
22	293	ZELA JEPLETING	KDF		37:24.3
23	773	JULIET CHERUBET	INDIVIDUAL		37:28.1
24	750	MIARIAM CHEPKEMOI	KDF		37:28.7
25	748	NAOMI KORIR	ELDORET		37:33.0
26	597	LEAH JERUTO	KDF		37:34.8
27	273	NAOMI JEPCHIRCHIR	EMC		37:35.2
28	799	RENCY KOGO	UG		37:49.7
29	746	REBECCA CHEROP	POLICE		37:51.4
30	758	EDNA KIBIWOTT	EMC		37:54.9
31	561	PATROBA KOSGEI	EMC		38:15.1
32	259	MONICAH CHEBET	EMC		38:28.5
33	775	GLADYS SONGOK	KDF		38:33.1
34	552	BEATRICE MININGO	EMC		38:35.5
35	574	TECLA KAKOKO	EMC		38:37.5
36	586	VALENTINA MATEIKO	POLICE		38:43.2
37	256	CAROLINE BIWOTT	PRISONS		38:53.0
38	048	NELLY TIROP	EMC		38:53.6

39	556	LEAH JEPCHUMBA	POLICE	38:55.2
40	756	CAROLINE TUIGONG	POLICE	39:05.5
41	577	FAITH CHEPKOECH	EMC	39:16.7
42	768	JANET KOMEN	POLICE	39:27.2
43	798	CHERONO KOECH	POLICE	39:33.1
44	544	DAISILAH JERONO	KDF	39:40.8
45	753	ODILIA JEPCHUMBA	UG	39:53.8
46	688	PHYLIS JEPKOSGEI	TRANS NZOIA	39:59.4
47	762	MAGI JELIMO	NGONG	40:47.3
48	742	LYDIA ROTICH	POLICE	40:44.5
49	277	AURELIA KIPTUI	EMC	40:48.9
50	791	DORCAS JEPTOO	ELDORET	40:58.5
51	601	SHARON KIPCHUMBA	EMC	41:01.1
52	281	CAROLINE KIMELI	POLICE	41:26.1
53	757	JOAN JEROP	EMC	41:49.9
54	590	FAITH JEMUTAI	POLICE	41:53.3
55	776	ANASTACIA CHEPKORIR	EMC	42:17.3
56	749	MIRIAN KRIR	EMC	42:27.1
57	774	EUNICE JERUBET	POLICE	42:37.6
58	711	SCHOLASTICAH BUNEI	POLICE	42:44.0
59	562	MERCY JEBET	EMC	42:53.1
60	599	MONICA KORIR	KDF	43:03.0
61	600	MUENI KALAMI	KDF	43:49.4
62	770	VERONICA NGOSOSEI	POLICE	44:12.5
63	044	REBECCA JEPNGETICH	COMPLETE	44:59.5
64	700	DAISY KANDIE	EMC	45:02.5
65	701	JOYCE MWANGI	POLICE	45:37.4
66	743	PASCALINE JEMUTAI	EMC	46:15.5
67	054	LINAH EWOI	COMPLETE	47:15.1
68	272	FRANCISCAH JEROTICH	KERINGET	48:46.4
69	055	BRENDA CHEPNGETICH	COMPLETE	48:46.4

## RESULTS - 10 Km SENIOR MEN

POS	BIB	NAME	REGION/CLUB	DOB	TIME
1	472	SEBATIAN KIMARU	KAPSABET		30:35.7
2	681	GEOFFREY KEOCH	KERICHO		30:38.7
3	533	NICHOLAS KIMELI	EMC		30:47.5
4	527	DENNIS KIPNGETICH	NEWTON		30:54.4
5	535	ASBEL KIPROP	NEWTON		31:00.4
6	476	HILLARY KIPCHIRCHIR	KAPTAGAT		31:07.0
7	455	ALFRED BARKACH	KDF		31:12.9
8	526	VINCENT KIPROTICH	EMC		31:15.4
9	470	DANIEL MATEIKO	UG		31:18.5
10	404	RHONEX KIPRUTO	POLICE		31:20.7
11	392	SAMMY KIPRONO	INDIVIDUAL		31:21.6
12	473	EMMANUEL KIPCHUMBA	KDF		31:27.6
13	406	TIMOTHY KIBET	EMC		31:28.1
14	458	AMOS BIRGEN	KDF		31:28.6
15	466	COLLINS KIPKORIR	KERICHO		31:32.2
16	388	BOAZ KIPRUGUT	POLICE		31:33.5
17	536	RAYMOND KIPKOECH	NEWTON		31:34.5
18	720	JOHN MUCHIRI	POLICE		31:35.8
19	447	ISAAC KIPKEMBOI	KERICHO		31:38.6
20	019	AMOS SEREM	KAPTAGAT		31:39.9
21	423	ABEL MUTAI	EMC		31:41.0
22	507	NICKSON CHEBII	EMC		31:41.3
23	424	NICHOLAS KIPLIMO	MFAE		31:43.8
24	427	REUBEN MOSIN	EMC		31:47.4
25	480	FELIX KIBET	EMC		31:41.0
26	369	JOSEA CHERUIYOT	KDF		31:49.6
27	481	ISAAC TOO	UG		31:50.6
28	493	VINCENT NYAMONGO	EMC		31:51.8
29	794	SOLOMON BOIT	NANDI		31:52.4
30	367	FREDRICK ROMONGOLE	WEST POKOT		32:01.6
31	020	JAIRO SONGOK	KDF		32:02.5
32	497	EDWIN KIPRUTO	KDF		32:07.1
33	459	JOSEPHAT KEMEI	KDF		32:12.5
34	051	HOSEA KIMOSOP	POLICE		32:14.8
35	359	ELKANA CHEROP	KDF		32:15.9
36	435	JOSEPHAT MELI	EMC		32:18.9
37	393	CASIUS MASINDE	POLICE		32:20.1
38	324	VICTOR BUNGEI	JENGA TALENT		32:21.1

39	053	TIMOTHY KATTAM	GSU	32:21.5
40	371	BENSON KIEMA	KDF	32:21.8
41	492	NOAH KIPROTICH	DCI	32:22.3
42	430	MICAH CHESEREK	ISS	32:23.6
43	443	ERICK KIPKIRUI	POLICE	32:25.2
44	059	ALVIN KIPKORIR	COMPLETE	32:26.5
45	397	ERICK TIROP	KDF	32:27.6
46	483	COSMAS KIPLIMO	KDF	32:28.3
47	042	LABAN KIPLIMO	EMC	32:29.3
48	486	RAYMOND KOMEN	EMC	32:30.0
49	098	ABEL KIPLIMO	EMC	32:32.0
50	426	ISAACK KIPLAGAT	POLICE	32:32.8
51	521	RUBAYITA SIRAGI	RWANDA	32:33.7
52	396	NEHEMIAH MAKORI	KDF	32:34.9
53	531	MARK KIPCHUMBA	EMC	32:36.9
54	071	JOSPHAT KIPRONO	KDF	32:39.5
55	479	PHILEMON MARITIM	POLICE	32:41.7
56	442	HENRY TUKOR	POLICE	32:42.5
57	021	MOSES KONCHORY	POLICE	32:42.9
58	429	WELDON TARUS	KDF	32:45.9
59	747	LABAN KIPKEMBOI	NANDI	32:47.9
60	484	VICTOR KIPLIMO	KDF	32:49.8
61	155	KAMAR ETYANG	ASICS	32:50.3
62	017	PAUL KIPKEMOI	EMC	32:51.2
63	530	JOEL MUTURI	NGONG	32:53.5
64	425	JOSPHAT KIPCHIRCHIR	NANDI	32:55.6
65	403	RONALD KIPTAI	TCI	32:58.4
66	793	ENOS KALES	WEST POKOT	32:59.1
67				32:59.8
68	362	SILAS KEITANY	UG	33:01.6
69	417	ALFRED CHERUIYOT	EM	33:03.6
70	279	TIMOTHY KIBII	POLICE	33:04.9
71	504	SOEKWO SOMIKWO	POLICE	33:05.4
72	064	ELKANA KIPRUTO	EMC	33:06.7
73	441	SAMMY KIPCHUMBA	KDF	33:07.6
74	517	MATHEW KIPLIMO	KDF	33:08.2
75	487	JULIUS KIPROTICH	KDF	33:08.8
76	046	EVANDS KIMUTAI	BUNGOMA	33:10.0
77	478	JAMES KIPKENEI	NANDI	33:12.4
78	409	JOHNSON MELLY	NANDI	33:13.5

79	510	DENNIS KIBIWOTT	KDF		33:16.5
80	214	PROTUS KIPLAGAT	GSU		33:17.0
81	515	SIMON KIPROP	KDF		33:18.2
82	469	MARK NDIWA	POLICE		33:18.9
83	475	ABEL KIPROP	EMC		33:21.1
84	398	GIDEON KIMELI	KDF		33:22.1
85	004	JOSPHAT KIPKOECH	KDF		33:23.0
86	520	MOSES SEREM	EMC		33:23.8
87	432	ABRAHAM KALEMOI	POLICE		33:26.2
88	421	EMMANUEL KIPSANG	KDF		33:27.2
89	422	STANLEY SIROR	KDF		33:28.2
90	437	KENNETH KEMBOI	POLICE		33:29.7
91	388	DANIEL CHEBOLEI	MT ELGON		33:30.3
92	494	KOSGEI KIPTUM	POLICE		33:31.2
93	247	JUSTUS SAMBEI	EMC		33:31.6
94	386	EZEKIEL KEMBOI	KDF		33:32.2
95	512	DIMUS CHERUBET	POLICE		35:33.9
96	513	BENARD KIPKOECH	POLICE		33:34.6
97	501	KELVIN MAINA	POLICE		33:35.4
98	087	ELKANA KIPCHIRCHIR	NANDI		33:36.3
99	080	DANIEL SELEL	POLICE		33:39.0
100	211	WESLEY LANGAT	KAPTAGAT		33:49.8

**RESULTS - UNIVERSAL MIXED RELAY**

POS	BIB	NAME	REGION/CLUB	DOB	TIME
1	240	JUDY KEPKOECH	BARINGO		24:52.7
2	239	MIRIAM CHEROP	KERICHO		25:00.0
3	771	WINNIE BOINET	KERINGET		25:07.2
4	546	MERCY CHEPSOI	TORONGO		25:30.4
5	748	NAOMI KORIR	ELDORET		25:54.6
8			COMPLETE SPORTS		27:02.4
9			ADDIDAS		28:38.0

Name: \_\_\_\_\_

Signature \_\_\_\_\_

Regional Secretary

Date: \_\_\_\_\_