

ATHLETICS KENYA CENTRAL REGION CROSS COUNTRY CHAMPIONSHIPS
HELD IN KAGATI PLAIN FIELD, NYERI ON 01/02/2025

RESULTS

2KM LOOP WOMEN						
POS	BIB	AK REG	NAMES		COUNTY	TIME
1	768	AK-A-8009-2025	MARTHA NJERI KINUTHIA	14/01/2003	KIAMBU	06:27.1
2	729	AK-A-7215-2024	DOMTILA CHERUTO	11/05/2005	NYANDARUA	06:27.9
3	915	AK-A-7243-2024	EVALYNE WAMBUI WANGOMBE	14/04/2006	NYERI	06:39.5
4	755	AK-A-2732-2024	SARAH KERUBO	18/02/2003	NYANDARUA	07:02.1
5	736	AK-A-2671-2024	VIOLA CHEPKORIR	26/01/2007	NYANDARUA	07:03.7
6	732	AK-A-2544-2024	NANCY NJOROGE	02/07/2007	NYANDARUA	07:29.9
7	900	AK-A-8125-2025	ELIZABETH NJAGI	21/06/1985	NYERI	07:42.3
8	921	AK-A-2535-2024	ELIZABETH WAMBUI NJAU	24/11/2000	NYANDARUA	08:11.2
9	755	AK-A-2732-2024	SARAH KERUBO		NYANDARUA	08:12.9
2KM LOOP MEN						
POS	BIB	AK REG	NAMES		COUNTY	TIME
1	800	AK-A-2787-2024	BRIAN KIPTOO	19/08/2006	NYANDARUA	05:22.5
2	780	AK-A-864-2024	IBRAHIM KIPRUTO	14/09/2008	NYERI	05:24.8
3	880	AK-A-8115-2025	VINCENT CHEBTUK	24/11/2006	NYANDARUA	05:32.9
4	901	AK-A-1614-2024	JOHNSON TENKES	25/10/2000	KIAMBU	05:33.9
5	795	AK-A-2747-2024	HENRY TOGOM LESHAN	10/01/1994	NYANDARUA	05:35.0
6	927	AK-A-8135-2025	ANTHONY KAPUA	30/06/2001	MURANGA	05:36.2
7	793	AK-A-2614-2024	HAZARD KIBET TANUI	31/07/2002	NYANDARUA	05:53.1
8	876	AK-A-987-2024	DENNIS NJIHIA	23/03/2007	KIAMBU	05:53.4
9	916	AK-A-2382-2024	MILIKIN LEKEPES	31/12/2005	NYERI	06:02.5
10	909	AK-A-7954-2025	MIKE BRISTON	14/09/2002	MURANGA	06:07.5
11	907	AK-A-3389-2024	KEVIN MWANGI WANGUI	08/11/1994	MURANGA	06:08.1
12	917	AK-A-8130-2025	DANIEL KINGORI KARWENI	22/10/1996	NYERI	06:15.2
13	910	AK-A-8127-2025	IAN GICHURU GICHIGO	10/10/2003	NYERI	
6KM U20 WOMEN						
POS	BIB	AK REG	NAMES	DOB	COUNTY	TIME
1	714	AK-A-2679-2024	SEREM CAREN CHEPCHIRCHIR	25/12/2008	NYANDARUA	19:59.7
2	762	AK-A-997-2024	JANE WANGARI	31/03/2009	KIAMBU	20:04.1
3	710	AK-A-7162-2024	ROSE WAITHERA	12/04/2006	KIRINYAGA	20:09.4
4	716	AK-A-4087-2024	CLAIRE CHERUTO	07/02/2008	NYANDARUA	20:12.7
5	763	AK-A-7218-2024	BRENDA CHEBET	25/09/2006	KIAMBU	20:13.2
6	720	AK-A-2692-2024	SHEILA CHEPNGENO KIPKOECH	02/05/2007	NYANDARUA	20:25.6
7	712	AK-A-8084-2025	MIRRIAM NJERI KIIRU	10/05/2007	NYADARUA	20:46.3
8	715	AK-A-2670-2024	NANCY MAKANI	25/10/2007	NYANDARUA	20:55.0
9	713	AK-A-2672-2024	CYNTHIA JELAGAT ROTICH	25/02/2010	NYERI	21:02.0
10	734	AK-A-868-2024	MERCY WANJIRA	20/11/2009	NYERI	21:24.1
11	765	AK-A-999-2024	REMUS NASERIAN	17/09/2007	KIAMBU	21:31.2
12	766	AK-A-8007-2025	TABITHA WANJIRU	22/09/2010	KIAMBU	21:31.5
13	753	AK-A-885-2024	MERCY ZIPORAH LEMAKO	14/06/2007	NYERI	21:39.2
14	767	AK-A-8008-2025	MARTHA WANGUI	30/08/2008	KIAMBU	21:58.6
15	764	AK-A-8100-2025	ANN NJOKI	08/03/2006	NYERI	23:22.4
16	711	AK-A-8083-2025	JANET WAMBUI	17/08/2009	NYERI	25:13.5
17	717	AK-A-8085-2025	MARY WAGAKIRA	17/08/2009	NYERI	26:24.6
18	722	AK-A-8087-2025	BRIGID NYAKIO	24/02/2010	KIRINYAGA	27:39.1

19	723	AK-A-8088-2025	MILLICENT MUTHONI	27/11/2008	KIRINYAGA	29:42.2
20	754	AK-A-8096-2025	QUINTUS BILHA WANGUI	21/08/2008	KIRINYAGA	29:42.5
21	727	AK-A-8092-2025	CHERITY WANGECI	13/11/2008	KIRINYAGA	29:45.4
22	726	AK-A-8091-2025	GLADYS MICERE	29/04/2009	KIRINYAGA	30:12.7

8KM U20 MEN

POS	BIB	AK REG	NAMES	DOB	COUNTY	TIME
1	789	AK-A-2470-2024	MELVIN LMAYIANA	13/01/2009	NYANDARUA	23:37.5
2	719	AK-A-7176-2024	PAUL NJOROGI	16/02/2006	NYANDARUA	23:50.9
3	778	AK-A-988-2024	COLLINS KIPLANGAT	31/01/2007	KIAMBU	23:55.8
4	784	AK-A-871-2024	JOSEPH NTIMAMA	05/10/2008	NYANDARUA	23:59.5
5	758	AK-A-167-2024	WILLIAM KOMEN	03/01/2006	NYANDARUA	24:11.4
6	718	AK-A-892-2024	CALVIN MUTHII	05/01/2005	NYADARUA	24:26.2
7	787	UI	DAVID MWANGI	01/08/2007	NYANDARUA	24:40.4
8	833	UI	IAN NDUNGU	05/07/2008	NYANDARUA	24:45.8
9	788	AK-A-8102-2025	JOHNSON NJOKI KAMAU	03/12/2009	NYANDARUA	24:51.2
10	835	AK-A-994-2024	BENEDICT NJOROGI	20/11/2006	NYANDARUA	25:03.6
11	878	AK-A-8113-2025	GILBERT KIBET RAIMOI	14/05/2005	NYANDARUA	25:08.4
12	779	AK-A-7264-2024	MARTIN MURIITHI	29/03/2009	NYANDARUA	25:25.1
13	876	AK-A-987-2024	DENNIS NJIHIA	23/03/2007	KIAMBU	25:37.1
14	785	AK-A-8101-2025	KENNEDY KINYANJUI	01/02/2010	NYERI	26:00.3
15	836	AK-A-2523-2024	FRANCIS WAIRUA	10/12/2006	NYANDARUA	26:05.2
16	883	AK-A-8117-2025	CHRISTOPHER THUITA	15/04/2007	NYERI	26:06.3
17	875	AK-A-8111-2025	JOSEPHAT MUHIHU	30/12/2007	NYANDARUA	26:06.6
18	874	AK-A-2551-2024	DENNIS KARUMBA	29/12/2006	NYANDARUA	26:27.4
19	865	AK-A-2507-2024	AYUB GITONGA	04/04/2009	NYERI	26:30.6
20	776	AK-A-2212-2024	ALEX KAMANJA	24/02/2007	MURANGA	26:34.0
21	761	AK-A-8099-2025	SAMUEL NJENGA	30/06/2006	KIAMBU	26:42.6
22	881	AK-A-2550-2024	DANIEL NDERITU	28/02/2008	NYANDARUA	27:37.7
23	872	AK-A-8109-2025	JOHN NGANGA	26/11/2007	MURANGA	29:34.2
24	868	AK-A-8106-2025	BRIAN WACHIRA	28/08/2006	MURANGA	29:58.3
25	871	AK-A-8108-2025	ISAACK MIANO	26/08/2008	KIRINYAGA	30:04.3

10KM SENIOR WOMEN

POS	BIB	AK REG	NAMES		COUNTY	TIME
1	794	AK-A-7419-2025	MIRIAM CHEPKIRUI	15/09/2006	KIAMBU	34:51.4
2	895	AK-A-8123-2025	BETTY JESANG RUTO	16/02/2001	NYANDARUA	35:01.8
3	770	AK-A-7228-2024	GLORIA CHEBET	03/02/2004	KIAMBU	35:12.5
4	729	AK-A-7215-2024	DOMTILA CHERUTO	11/05/2005	NYANDARUA	35:26.7
5	798	AK-A-887-2024	FLORENCE WACHIRA	01/07/1999	NYANDARUA	35:36.6
6	886	AK-A-185-2024	PATRICIA WANJIKU WAMBUI	07/03/2004	KIRINYAGA	36:25.3
7	799	AK-A-7260-2024	LUCY WANJIRU	26/02/1998	NYANDARUA	37:02.8
8	797	AK-A-2559-2024	GLADYS WAIRIMU MURIITH	08/03/2001	NYANDARUA	39:06.6
9	888	AK-A-2386-2024	CAROLINE CHELIMO	28/05/1994	NYERI	39:19.5
10	896	AK-A-3513-2024	LOICE WAMBUI KIARIE	08/07/2000	MURANGA	39:23.6
11	898	AK-A-3515-2024	LILIAN NYAMAI	07/11/2000	MURANGA	39:28.7
13	885	AK-A-8119-2025	BANCY MUTHONI MARY	24/02/1009	NYERI	40:09.8
13	894	AK-A-2389-2024	FLORENCE WANJIKU KIARIE	24/02/1992	NYERI	40:30.4
14	897	AK-A-3642-2024	RUTH MAINA	07/11/2002	MURANGA	40:40.4
15	899	AK-A-8124-2025	EUNICE KABUGU	09/04/2005	MURANGA	43:45.8
16	889	AK-A-8121-2025	ANASTASIAH MUTHONI GICHIRA	15/12/2001	KIRINYAGA	43:54.0

10KM SENIOR MEN						
POS	BIB	AK REG	NAMES		COUNTY	TIME
1	802	AK-A-2537-2024	SIMON NGATHA MUNGAI	10/05/2000	NYANDARUA	29:15.4
2	866	AK-A-2597-2024	MANELA MICHAEL WAIGWA	22/09/2005	NYANDARUA	29:45.9
3	792	AK-A-7292-2024	SHADRACK KENDUIYWO	18/01/2000	KIAMBU	30:07.0
4	786	AK-A-169-2024	AGUSTINE MUKAMI	29/03/2009	NYERI	30:24.5
5	769	AK-A-7251-2024	JUSTINE LELINTAN JULIUS	11/04/1997	KIRINYAGA	30:43.0
6	796	AK-A-2554-2024	JOSEPH MWANGI MACHARIA	03/04/2000	NYANDARUA	30:48.5
7	926	AK-A-8134-2025	FREDRICK MWINGIRWA	28/08/1996	MURANGA	30:57.2
8	924	AK-A-7654-2025	PETER MWANGI MBURU	24/04/1995	MURANGA	31:02.7
9	791	AK-A-1002-2024	RAYMOND CHERUIYOT	04/04/1996	KIAMBU	31:07.4
10	925	AK-A-7637-2025	RAPHSEL GACHERU	20/04/1999	MURANGA	31:12.7
11	777	AK-A-2393-2024	KELVIN NDUNGU WANGECI	06/09/1999	NYERI	31:16.1
12	922	AK-A-7191-2024	BENSON WACHIRA	07/09/1985	NYANDARUA	31:21.7
13	801	AK-A-874-2024	JULIUS LETEILA MAATANY	11/01/2005	NYANDARUA	31:36.5
14	782	AK-A-7209-2024	DAVID RIPALO	12/12/2002	KIRINYAGA	31:39.6
15	890	AK-A-148-2024	LREUBEN EGIRON LOBEKI	29/03/2004	NYANDARUA	31:44.6
16	760	AK-A-2789-2024	BERNARD WAWERU NGONYO	01/01/1985	NYANDARUA	32:00.2
17	903	AK-A-376-2024	ELPHAS KIPKEMBOI	22/06/1994	MURANGA	32:09.1
18	911	AK-A-2375-2024	KELVIN MACHARIA NJOKI	08/05/2004	NYERI	32:26.1
19	905	AK-A-7751-2025	JAMES MURIITHI WANJEMA	01/03/1993	NYERI	32:40.7
20	906	AK-A-15-2024	JOSHUA KIBET NDIWA	08/10/1997	KIRINYAGA	32:50.2
21	884	AK-A-8118-2025	PAUL KIMANI NJUGUNA	20/07/2005	NYERI	32:59.6
22	929	AK-A-2756-2024	DERICK MUNGAI	10/03/1999	NYERI	33:16.5
23	870	UI	ALFRED KARUGA	01/022006	NYERI	35:23.0
24	913	AK-A-8129-2025	MAXWELL KIMTAI MASAI	02/07/2002	NYERI	35:32.3
25	891	AK-A-4338-2024	VINCENT KIPKIRUI LANGAT	16/09/1994	MURANGA	35:50.5
26	908	AK-A-4670-2024	PAUL KIPCHUMBA KIBET	12/12/1990	KIRINYAGA	36:10.3
27	914	AK-A-2383-2024	HENRY MUCHOKI	03/04/2005	NYERI	36:16.4
28	912	AK-A-8128-2025	VICTOR MWANGI MAINA	24/05/1999	NYERI	37:54.0